



Zorg en Jeugd Caribisch Nederland
Ministerie van Volksgezondheid,
Welzijn en Sport

A safe place for every child!

Youth Care can help with your problems



Do you feel unsafe at home?



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Youth Care can help with
your problems

Your home should be a safe place.
This is important, because a safe home
ensures you grow up healthy and happy.
Some home situations are unstable.
Youth Care can help you if you have
problems at home.

Because all children have the right
to a safe and happy home!



Problems at home



Ask for help!

Reaching out for help can be scary. But remember, you have a **right to be loved and cared for**. And you have a right to professional help, if you need it. Youth Care has people who can help you with your problems.

They are called **youth care professionals**. You can **trust** them when things at home are not going well.

You may not be aware that your home situation is unsafe.

Or you may find it difficult to talk about your problems.

Start by talking to someone you trust, maybe a family member or a friend. Or a kind teacher at your school. They can reach out to Youth Care, if necessary.

Talk to someone you can trust





Youth Care helps

It's possible that someone you know is worried about you.

A relative, a friend or a teacher. They can also contact Youth Care. If there are problems, Youth Care can help you and your parents find a solution.

Youth Care can help you and your parents

Making things better together

A youth care professional will work with your family to see which support is most helpful.

We will make a plan together with you and your parents.

Where possible, we will also ask relatives or friends for help, or other care-givers you are in contact with. People you trust and who want to help you. After a plan is made, Youth Care will make sure that everyone sticks to the agreements made.

"I'm not doing well at school. The constant fighting at home makes it hard for me to focus on my school work. **Sometimes I get beaten and that scares me.** And it is only getting worse"

"Mum and Dad fight all the time and don't give me any attention. **I feel lonely a lot.** It's like I don't belong anywhere."



The goal is that you can grow up safely and healthy!



What does Youth Care do?

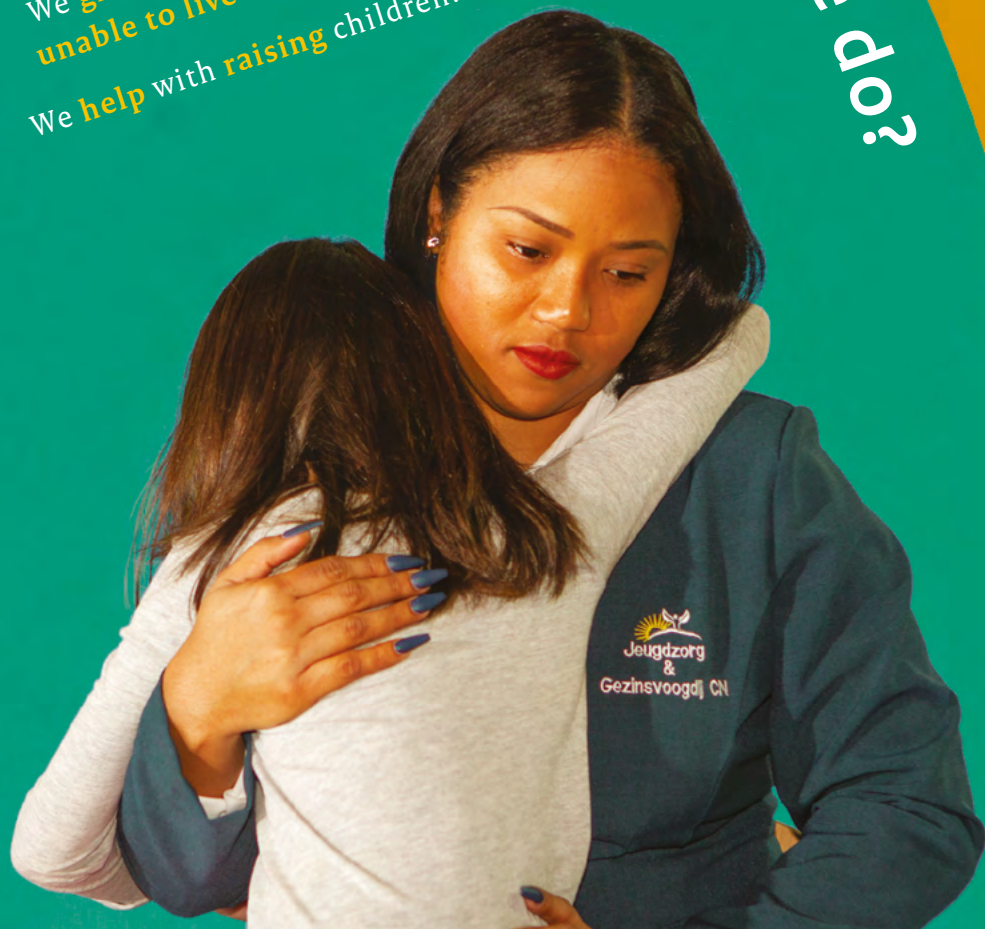
We **provide training** for you and/or your parents.

We **deal with conflicts** between you and your parents.

We **give guidance** if you get in **trouble with the police**.

We **give support** if you are **unable to live at home** for a while.

We **help** with **raising** children.



Safe out-of-home care?

Sometimes the problems are so complicated that more help is needed. Is assistance from Youth Care not enough to solve the problems? Then you may be temporarily removed from your home and placed in a safe environment. This way, everyone can calm down.

You may be placed with family or friends. Or in a foster home. For a short time, or sometimes for a longer period. It may also be for just a weekend or maybe a school holiday. Of course, you always have the right to see your parents.



"I've recently moved to a **foster home**. It's very different here than at home. I had to adjust at first, but I'm sleeping better now and there's no fighting. I regularly keep in touch with my parents and things are a lot better between us."

Have you committed an offence?

Have you been in trouble with the police and given a punishment by a judge? You can also count on Youth Care in these situations. Youth Care can provide the support you need and will help you and your family.

We always look at what is best for you.

After all, this is about you!

Are you a parent?
Read the other part



Contact with

Youth Care Caribbean Netherlands

You are always welcome to pass by during our open office hours:

Mondays, Wednesdays and Fridays

8.00 a.m. - 12.00 noon

Tuesday and Thursday

1.00 to 4.30 p.m.

You can also call or send an e-mail to:

 info.jgcn@jeugdorgcn.com
 www.jeugdorgcn.com

 **Bonaire**
Kaya Grandi 91, Kralendijk
 +599 715 8899

 **Sint Eustatius**
Mazinga building, Oranjestad
 +599 318 3104 / 318 3105

 **Saba**
Clement Sorton Street, The Bottom
 +599 416 3718 / 416 3819

Do you have problems? Don't wait for them to get worse. Get help!

Having problems? Call or e-mail Youth Care. They will be able to help. And if Youth Care cannot help you, they will know who can and you'll be referred to them.

Are you afraid to ask for help? Then talk about your problems with someone you can trust. Maybe a kind teacher, someone in your family, your doctor or another adult. Ask them to contact Youth Care for you.

Are you a child?
Read the other part





Zorg en Jeugd Caribisch Nederland
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A safe place for every child!

Youth Care helps children and families with parenting issues



Zorg en Jeugd Caribisch Nederland

A safe place for every child!

Youth Care helps children and families with parenting issues.

All children have the right to a safe home. A place where they can grow up healthy. However, raising children can be challenging. Sometimes there are problems and you're stuck. Youth Care provides support to deal with these situations. Where possible, with voluntary help.

We build on the strength of your family, your relatives or friends. They are your network.

Youth Care draws up a plan together with you and takes action where necessary. You will be assigned a youth care professional who will support your family.



"I can see that my 12-year-old child isn't doing well. There are a lot of problems in our family. As a result, he has withdrawn into his shell. I want to help him, but I don't know how. I need help."

How can Youth Care help you?

In the other part of this brochure, you can read more about Youth Care's services. Get help immediately if someone in your family is:

A victim of domestic violence

Abused

Neglected

Sexually abused

Is a child you know
having problems at home?

Report this!

You can make a difference for
a child who is growing up in an
unsafe environment!



Voluntary help and imposed help

Is your child's development at risk?

Then a judge can take steps to protect the interests of your child.

This may include placing a child under the supervision of a family guardian.

Or your child may be **placed in foster care for a while.**

Youth Care will support you during this time. You can read more about foster care in the other section of this brochure.

Do you want to be a foster parent?
Read the Foster Care brochure.



"I struggled with the idea of someone else raising my child at first. But I see that she's doing better now. **This would not have been possible without cooperation between Youth Care and the foster family.** They offer a listening ear and provide parenting tips and support so that she'll be able to live at home safely again soon."



Mediation

Do you, as parents, have trouble communicating with each other? Then mediation may be the answer. A trained mediator can help improve communication and resolve problems. **This is better for your child.** Both parents are present during mediation sessions.

Visitation rights

Your child has the **right to have contact with their parents.** And you have the right to see your child. Even if your child does not live at home. In some cases, one parent doesn't want the other parent to see the child. Youth Care is impartial, which means we don't take sides. Together, we draw up a visitation plan for your child.

Mediation

Visitation rights



ART training

ART is a programme designed for children with aggression issues and children who have difficulty controlling their emotions. ART teaches your child how to react in a different way. For instance, when someone pushes their buttons, or when they get angry. **Your child will learn** to stay calm and control their impulses.